



# Canossa Newsbites

February 2024

## Did You Know?

Research shows that parents can have a **powerful impact** on their children's mindsets. The **language** you use and the **actions** you take show your children about what you expect. Giving process praise, talking about the brain, accepting mistakes as learning opportunities, and understanding the role of emotions in learning are all practices you can begin today.

To read the full article, visit <https://www.mindsetworks.com/parents/growth-mindset-parenting>



“Peace

and **Charity**

will **never** be too

costly for us.”

- St. Magdalene of Canossa

### School Mission

Nurturing each in his/ her own way by forming hearts, enlightening minds and empowering spirits to live in The Way, The Truth and The Life

### School Vision

Leaders of Hope  
Sowers of Change

### Core Values

Charity, Humility, Forgiveness, Faith



## Canossian Saints' Day

During Canossian Saints' Week, we celebrate and honour our two saints who lived lives of Charity, Humility, Forgiveness and Faith, inspiring us to come *together to serve as one body by acting justly, loving kindly and walking humbly.*

This year is a special one as we celebrate the 250th anniversary of the birth of Mother Foundress, St Magdalene of Canossa! Themed *Accendi La Vita* which means (to) *Set Life on Fire*, we endeavour to live a life filled with passion of loving service to others just like Mother Foundress!

Mother Foundress heeded God's call for her to serve the poor. Her outreach was far and wide, as she reached out across five continents through her Order, the Canossian Daughters of Charity. Together, they passionately and lovingly served all with their mission of love to educate the youth, assist the sick and the elderly, and proclaim the Good News of God's love through schools, homes and spiritual formation. On 2 October 1988, Magdalene of Canossa was canonised as a Saint by Pope John Paul II in St. Peter's Basilica, Rome.

St. Josephine Bakhita was touched by the great love shown to her by the Canossian Sisters in Venice and dedicated herself to serving God. Despite the untold suffering she had to endure, having been sold as a slave after being kidnapped at the age of 7, her heart was overflowing with God's love and forgiveness for her captors. Once freed from captivity, St. Bakhita entered the Order of the Canossian Sisters of Charity. Bakhita was beatified and on 1 October 2000, she was canonised as Saint Josephine Bakhita and venerated as the Patron Saint of Sudan and human trafficking survivors.

St Magdalene and St Bakhita leave a legacy of love and charity which we seek to emulate. We give thanks to God for the gift of their lives.

### *Did You Know?*

Instead of saying,  
"You are so smart",  
say  
"I can see you worked so hard on this."

Say this because it helps your children understand that you **value their effort**.

To read the full article, visit  
<https://www.mindsetworks.com/parents/growth-mindset-parenting>



**"The spirit of prayer is  
our support  
consolation."**

- St. Magdalene of Canossa

## Calendar of Events (February)

Date	Events	Remarks
2 – 3 Feb	Student Leadership Overnight Camp	Letter has been issued to participants
9 Feb	Eve of Chinese New Year CNY Celebration	Dismissal at 10.30am
10-11 Feb	Chinese New Year	Public Holiday
12 Feb	Day after Chinese New Year	Public Holiday
13 Feb	Day after Chinese New Year	School Holiday
15 Feb	Total Defence Day	School as normal
14 – 21 Feb	School Health Visit	School as normal P1 and P5 students to hand in Health Booklet to their Form Teacher for the School Health Visit.  Students to bring their <b>PE attire on the day</b> of their School Health Visit.
26 Feb	Launch of Canossian Saints Week	School as normal
28 Feb (Wednesday) 29 Feb (Thursday) 1 March (Friday) 4 March (Monday) 5 March (Tuesday)	Interest Week	2-4pm (after school) School hours are as usual from 7.25am to 1.30pm. Interest Week activities are conducted after school for P3-P5 children who signed up. <b>Note:</b> All CCAs and P3-P6 Enrichment will be suspended during this period from Wednesday.
6 – 8 March	P5 Camp	More details will be given at a later date.

## Close Partnership within the Canossian Village

### The Canossian Child Development Unit

Canossa Catholic works closely with all the different entities within the Canossian Village. The Canossian Child Development Unit (CCDU) works particularly closely with our hearing loss children from Canossian School (CS).

As the CS children are in our classes, we would like to inform you that there will be occasions when CCDU therapists are in the classrooms observing them as part of the support for their learning. We thank you for your understanding.

### Did You Know?

Instead of saying,  
 “It’s okay. Maybe you’re just not cut out for this”,  
 say  
 “It seems like it’s time to try a new strategy.”

Say this because it helps your children know that they **control outcomes by making choices**.

To read the full article, visit

<https://www.mindsetworks.com/parents/growth-mindset-parenting>



“The **most beautiful way** to start the day is **with a grateful heart.**”

- St. Magdalene of Canossa

## Gifted Education Programme (GEP) Identification Exercise 2024

The tentative dates for the GEP Screening and Selection Exercises for the 2024 Primary 3 students are:

Stage	Date	Participants
GEP Screening Exercise	15 August 2024 (Thursday)	Primary 3 students enrolled in government and government-aided schools
GEP Selection Exercise	15 & 16 October 2024 (Tuesday & Wednesday)	Primary 3 students shortlisted after the GEP Screening Exercise

## Updating Of Student Details

The Ministry of Education (MOE) is requesting for an update of your information and your child/ ward’s information via the Student Details Form (SDF) for the purpose of providing educational services to your child in MOE schools.

Please submit the information through the SDF portal which can be accessed via this URL: <https://pg.moe.edu.sg/forms/sdf>.

Parents/ Legal Guardians may login to the SDF portal using your Singpass account to submit your information and information of your child/ ward. Authorised Caregivers can only submit your own information.

The SDF portal can be accessed via desktop computers or mobile devices such as laptops and mobile phones.

MOE’s request for the updating of student details was posted on Parents Gateway on 16 January 2023. Please complete the submission if you have not already done so.

## Group Personal Accident Insurance For Students

MOE has purchased the Group Personal Accident insurance for all students. Please refer to Parent Gateway for the product fact sheet on coverage and user guide for online submission of claims.

The URL for online submission is

<https://studentgpa.incomegroupins.com.sg>.

### Did You Know?

Instead of saying,  
 “That was really hard. I am so glad it’s over  
 so you don’t have to do that again”,  
 say  
 “That was really hard. Your efforts have  
 paid off! Next time, you’ll be ready for  
 this kind of challenge!”

Say this because reminding children of  
 how they were able to **overcome**  
**challenges by putting forth a lot of effort**  
 cultivates a growth mindset.

To read the full article, visit  
<https://www.mindsetworks.com/parents/growth-mindset-parenting>



“Let us **start every day**  
 with **renewed**  
**enthusiasm, serving**  
**the Lord** and **waiting**  
 for the **reward of his**  
**mercy.**”

- St. Magdalene of Canossa

## A love for learning... It can begin at home.

Learning dispositions are positive attitudes and traits towards learning. A child’s disposition to learning affects how they learn. They help our children find joy in learning to become life-long learners.

### **Perseverance**

Children with perseverance do not give up even though the task is challenging.



**What my child may say.**

“ I DO NOT GIVE UP EVEN THOUGH I AM HAVING DIFFICULTY.  
 I KEEP WORKING AT A TASK TO COMPLETE IT.”

**Why this may be important.**

When our children experience failure or challenges, it is important to encourage them not to give up. Learning to persevere will not only see them through their education but in life as well.



**How do I develop it?**

Challenge your child to try different things beyond their comfort zone and provide support when they struggle. Plan simple or bite-sized tasks such as completing a jigsaw puzzle with increasing levels of difficulty, or preparing a simple breakfast meal for themselves.

On the other hand, we should not be too quick to jump in and help — let them struggle a little and when they succeed, they feel motivated and confident. Remember to celebrate their efforts, and not just their achievements!



Ministry of Education  
SINGAPORE